Lunch Menu Term 1



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Spaghetti Bolognaise Or	Homemade Breaded Chicken	Breast of Chicken Curry with	Roast Breast of Chicken Or	Oven Baked Sausage Or
29 th Aug	Ham & Cheese Melt	Goujons & Dip Or	Boiled Rice & Naan Bread Or	Roast Pork	Peppered Chicken
26 th Sept		Chicken Wrap	Oven Baked Breaded Fish		
	Garden Peas		Fingers	Traditional Stuffing	Garden Peas
24 th Oct	Salad Selection	Diced Carrots		Fresh Diced Carrots, Broccoli	Tossed Salad
21 st Nov	Pasta Salad	Salad Selection	Sweetcorn, Broccoli Florets	Florets	Baked Beans
19 th Dec	Mashed Potato	Herb Diced Potato	Mashed Potato	Oven Roast Potato	Baked Potato
16 th Jan	Gravy			Mashed Potato, Gravy	Chips
10 Jan	Sponge with Jam Topping &	Jelly & Ice-Cream Slice with	Fresh Fruit Or	Rice Krispie Square &	
	Custard	Orange Segments	Fresh Yoghurt	Custard	Ice Cream Tub & Fruit Pieces
WEEK 2	Homemade Margherita Pizza	Breast of Chicken Curry with	Italian Pasta Bake Or	Roast Breast of Chicken Or	Chicken Nuggets Or
5 th Sept	Ham & Cheese Pizza Or	Boiled Rice & Naan Bread Or	Fresh Breaded Fish Goujons	Chicken Crumble	Beef Lasagne
3 rd Oct	Chicken Panini	Steak Burger			
31st Oct			Baked Beans	Traditional Stuffing	Sweetcorn
	Garden Peas	Broccoli Florets	Sweetcorn / Garden Peas	Fresh Diced Carrots / Parsnip	Salad Selection
28 th Nov	Tossed Salad	Carrots	Mashed Potato	Oven Roast Potato	Mashed Potato
26 th Dec	Herb Diced Potato	Mashed Potato, Gravy		Mashed Potato, Gravy	Chips
23 rd Jan	Flakemeal Biscuit &		Jelly & Ice-Cream Slice Or		
	Water Melon Slice	Muffin Cake & Custard	Fresh Fruit	Fruit Sponge & Custard	Frozen Yoghurt & Fruit Pieces
WEEK 3	Oven Baked Breaded Fish	Breast of Chicken Curry &	Homemade Breaded Chicken	Roast Gammon Or Chicken &	Oven Baked Sausages
12 th Sept	Fingers Or	Boiled Rice & Naan Bread	Goujons & Dip	Pasta Bake	Or
10 th Oct	Savoury Mince	Or Chicken Panini / Wrap	Or Cottage Pie	T 100 100 100	Macaroni Cheese
7 th Nov				Traditional Stuffing	
	Carrots Garden Peas	Sweetcorn	Salad Selection	Fresh Baton Carrots	Garden Peas
5 th Dec	Mashed Potato	Broccoli Florets Herb Diced Potato	Baked Beans, Diced Turnip	Cauliflower Florets, Mashed	Coleslaw Boltod Bototo
2 nd Jan	iviasned Potato	Herb Diced Potato	Mashed Potato, Gravy	Potato, Oven Roast Potato Gravy	Baked Potato Chips
30 th Jan	Fresh Fruit Or		Rice Pudding Or Fresh Yoghurt	Ginger Biscuit &	Ice Cream &
		Jelly & Fruit Pieces	Or Fresh Fruit	Custard	Fruit Pieces
VA/EEI/ 4	Fresh Yoghurt Steak Burger Or	Pasta Bolognaise Or	Breast of Chicken Curry with	Roast Breast of Chicken Or	Homemade Margherita Pizza
WEEK 4	Steak Burger Or Stuffed Bacon Roll	Fresh Breaded Fish Goujons	Boiled Rice & Naan Bread Or	Flaked Salmon Wrap	Or Marinated Chicken &
19 th Sept	Stuffed Bacoff Roll	riesii breaueu risii doujons	Oven Baked Sausage	riakeu Saiiiioii Wrap	Vegetable Stir-Fry
17 th Oct	Baked Beans	Fresh Baton Carrot		Traditional Stuffing	
14 th Nov	Sweetcorn	Garden Peas	Garden Peas	Broccoli Floret	Noodles
12 th Dec	Broccoli Florets	Herb Diced Potato	Diced Carrots	Tossed Green Salad	Sweetcorn, Salad Selection
9 th Jan	Mashed Potato, Gravy	Parsley Sauce	Mashed Potato, Gravy	Oven Roast Potatoes	Chips
	•	,		Mashed Potato, Gravy	-
6 th Feb	Fresh Fruit Or	Eton Mess	Fresh Fruit salad		
	Fresh Yoghurt	(Meringue, Fruit & Yoghurt)	Jelly	Chocolate Brownie & Custard	Ice Cream & Fruit Pieces

Breads Milk, Water A choice of Fresh Fruit or Yoghurt Available Daily

Rice, Pasta, Noodles, Potatoes and Gravy can be served Daily

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

